



dotFIT - Grow Strong & Stay Strong

Nutrition Resource for Fitness Professionals

- R&D company that delivers holistic evidence based programming, products and support to over 1000 Sport, fitness, & health Facilities & teams - and for over 40,000 sport & fitness professionals
 - ✓ Licensed Exercise & nutrition program for all fitness professionals & clients
 - All goals: weight loss and gain & sports performance
 - All ages: youth – elderly
 - Simple and authentic programs and products
 - ✓ Practitioner Product dietary supplement component
 - For all exercisers, families, amateur and pro athletes

dotFIT is a research and development company for Sports, Fitness and Health professionals therefore all programs/products must pass our Evidence Based Advisory and Legal committee Rules including third party testing procedures such as Health Canada, NSF and mandatory audited GMPs. Individual products can be found in respective [sections](#).

<http://www.dotfit.com/PDSRG2015Update>

DOTFIT WORLDWIDE - an Evidence Based Institution

Your science and research team

INSTITUTIONAL RELATIONSHIPS AND ADVISORY RESOURCES

University of Hawaii

University of Berkeley

NUTRITION, DIETETICS AND WEIGHT CONTROL

Jill Fairweather, MS, RDN

Gay Riley, MS, RDN, CCN

Alan Titchenal, PhD

Kat Barefield, MS, RDN, NASM-CPT, CES, PES, ACSM-HFS



EXERCISE SCIENCE, PHYSICAL THERAPY AND CORRECTIVE EXERCISE

National Academy of Sports Medicine

Personal Trainer Academy Global

Kevin Steele, PhD

CHIROPRACTIC HEALTH AND WELLNESS

Eric Plasker, DC

MEDICAL SCIENCE, PHARMACEUTICALS AND DIETARY SUPPLEMENTS – Practitioner Products

Timothy Ziegenfuss, PhD, CSCS, EPC

Dr. Stephen Shassberger, DO

Reliance Vitamin Co.

Integrity Nutraceuticals

Pharmaceutically, NSF & drug-licensed facilities, operating under strictly audited GMPs

NSF international - Certified for Sport Program

Health Canada

SPORTS Science & Human Performance

Dr. Micheal A. Clark, DPT, MS, PT, PES

Fusionetics Sports Science Advisory Board

University of North Carolina

[Learn more](#) about dotFIT's Evidence Based Dietary Supplement education.